2010-2011 Area Board X Activity Plan

COMMUNITY SUPPORTS

- 1. Provide technical assistance and advocacy to individuals and families who experience difficulty in accessing needed community-based services and supports to enable them to live productive, inclusive lifestyles.
- 2. Provide at least six presentations on "Your Rights Under the Lanterman Act" or a related topic to parent and self-advocacy groups.
- 3. Track, promote and comment on relevant legislation and regulatory changes at the local, state, and federal level and disburse updates to interested parties.
- 4. As resources permit, monitor and analyze the policies and procedures of publicly funded agencies serving people with developmental disabilities.
- 5. Participate collaboratively in efforts to reform and strengthen the developmental disability service system.
- 6. Participate in and contribute to the activities surrounding the planned closure of Lanterman Developmental Center (LDC), including the Quality Management Advisory Group and the Transition Planning Group. Advocate for the development of a broad array of community services and supports so that LDC residents are afforded quality options.
- 7. Monitor and support the implementation of SB 110 (Victims of Crimes), including training of law enforcement, EMTs, fire fighters and other first responders.
- 8. Expand the Area Board 10 web site to include community support resources and a link to the OAH search engine for regional center hearings.

EDUCATION & EARLY INTERVENTION

- 1. Advocate for young children and their families to receive timely and appropriate Early Start services and smooth transitions to the school system.
- 2. Provide advocacy assistance to students who experience barriers to accessing appropriate educational services and supports.
- 3. Provide at least four presentations on special education rights to parent groups.
- 4. Expand web site to include our PowerPoint presentations and a link to the OAH special education decisions.
- 5. Translate our IEP Strategy Guide into Spanish and disseminate widely.
- 6. In partnership with the Inclusion Institute and the seven Los Angeles regional centers, sponsor a conference focused on education-related issues as well as transitioning to adult life

EMPLOYMENT

- 1. Continue collaboration with the University Centers of Excellence on National Service opportunities and other career development activities.
- 2. In collaboration with service providers and regional centers, promote the expansion of competitive employment opportunities, including information on microenterprise development and the Custom Endeavor Option.
- 3. Participate in the UCLA Tarjan Center post-secondary education consortium aimed at increasing access to post-secondary education options for youth.
- 4. Assist in developing and advancing California's Employment First Policy.

HEALTH

- 1. Participate in electroconvulsive therapy (ECT) peer review panels for persons who receive regional center services as requested. Advocate for a consistent policy in convening these panels.
- 2. Monitor and encourage the successful rollout of California's new Medicaid 1115 Demonstration Waiver which will significantly impact health care delivery to persons with disabilities.

HOUSING

- 1. Continue to work with and advocate for those regional centers and government officials who have committed to developing and expanding affordable housing units.
- 2. Develop a consumer guide to housing-related resources, including tenant assistance, sources for fair housing advocacy.
- 3. Participate in the regional centers' resource development and implementation of their Community Placement Plans (CPPs) to facilitate the movement of Lanterman Developmental Center residents into community-based living arrangements of their choosing. When appropriate, encourage acquisition of affordable housing so that supported living is a viable option for some.
- 4. Publicize and speak out against incidents of NIMBYism.

QUALITY ASSURANCE

- 1. Continue to support and facilitate the activities of the Self-Advocacy Board of Los Angeles County (SABLAC).
- 2. In collaboration with SABLAC and People First, conduct outreach to increase the number of self-advocates in our region by 10%.

- 3. Continue to facilitate the participation of our region's representative to People First of California.
- 4. Promote the statewide expansion of Self-Directed Services in a consistent, family-friendly manner through speaking engagements, outreach, training and advocacy.
- 5. Continue to implement the Quality Assessment Project, an element of California's CMS Quality Assurance Plan.
- 6. Ensure that residents of the Lanterman Developmental Center (LDC) have their rights protected and are afforded the opportunity to make their preferences and wishes known and respected.
- 7. Educate LDC residents, family members and other interested parties about the array of community living options.
- 8. In collaboration with our federal partners, advocate for appropriate and timely treatment and health care at Lanterman Developmental Center to ensure the safety and well-being of its residents.

TRANSPORTATION

- 1. Continue to provide input as appropriate to MTA, ASI and city and county officials regarding transportation policies, practices and service needs.
- 2. Monitor developments in Access Services, Inc.'s efforts to establish an online booking system.
- 3. Continue collaborating with stakeholders to implement a coordinated human services transportation system.